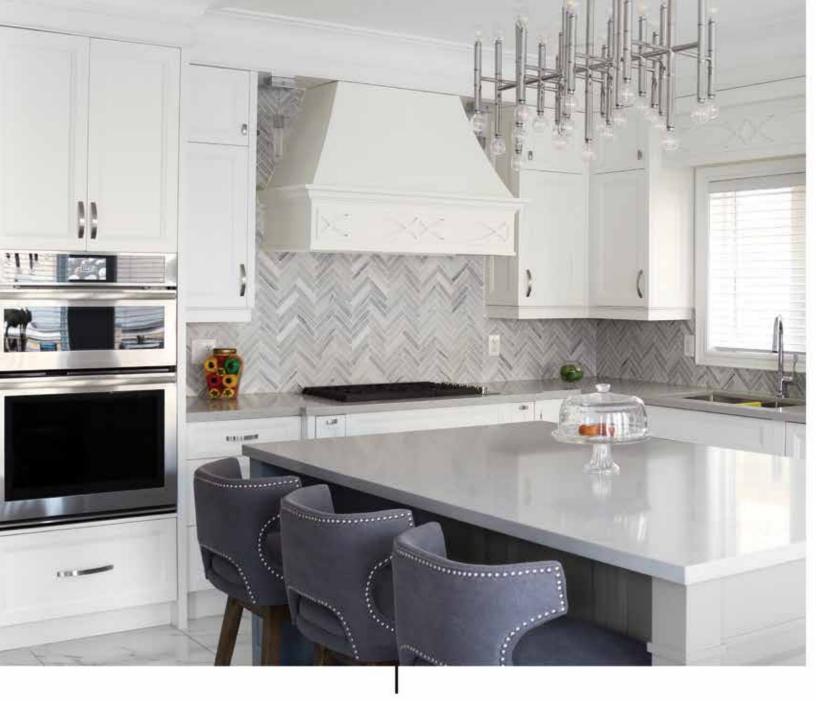


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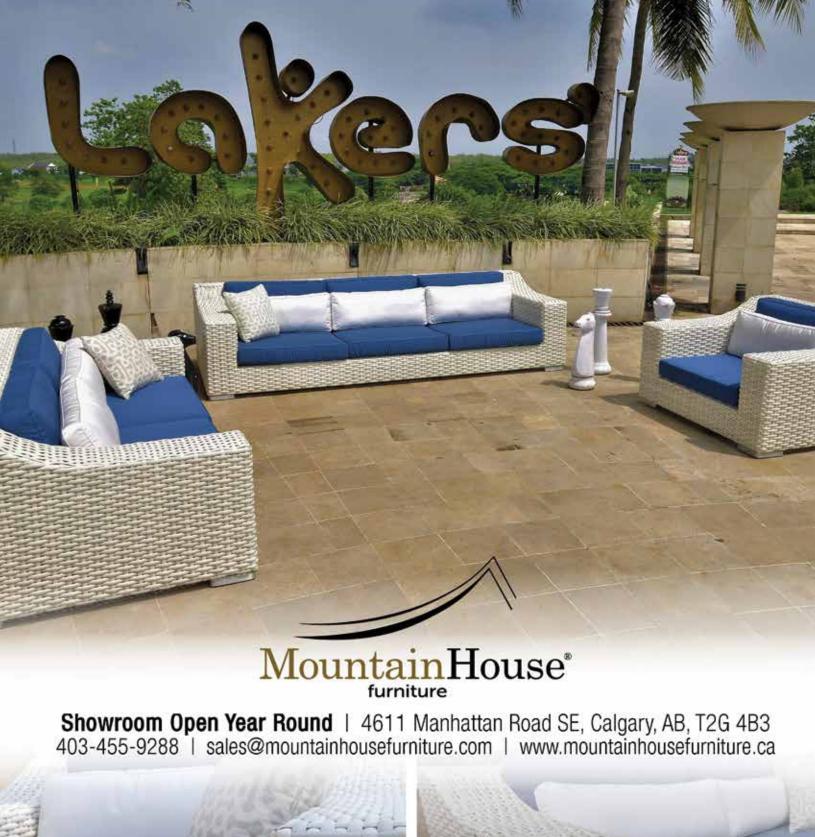


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# 2021 COLOUR OF THE YEAR

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### meal prep tips for



# homes and now more than ever, they are at the center

are at the heart of our ever, they are at the center

of the activity in our homes! So many of us had long forgone the art of baking and cooking and opted for faster alternatives but as we spend more time at home these days, the kitchen is once again becoming a place where we cook, bake, gather with the family, work from home and more!

As the girls get older, they have grown to love baking and preparing dinner parties! Ella (5) and Emilie (3) are guite the party planners! Their guest list might be a little exclusive (their parents and the occasional stuffed animal) but I have to say their knack for décor is impressive! These events happen a couple times a week and the course changes from an array of plastic food items to actual food they grab out of the fridge. I once attended a party in my gym area where the main course was sliced cheese paired with iced tea poured from their plastic kettle. Now, I'm one of those dads that gags at the sight of improper food handling so you can imagine my face as I tried to "eat" the cheese that their dirty little fingers laid on the plastic plate. Did I mention they also invite the dog to these dinner parties?! I took one bite and who knew that the one piece would be surprisingly filling!

As a family, we've also been baking up a storm these past few months. The kids seem to love making cookies, cakes and cupcakes. I attempted to make a cookie with them over an open fire at the cottage in a cast iron skillet. Sadly, that was an epic Pinterest fail! What seemed like a great idea turned into a smoky mess, but we had a lot of fun. Thank goodness for modern technology as I think I would starve if I had to make food on an open fire. I have always been more of a stove top or BBQ kind of guy.

As we adapt to the new normal, remember to plan out that kitchen renovation as a space you will be spending more time than usual in. I like that we are now customizing our homes to our current needs as opposed to planning out a renovation based solely on resale value.

MARC ATIYOLIL Editor-in-Chief marc@CanadianHomeTrends.com





Avoid the "I'm too tired to cook" takeout run by preparing multiple meals at once and dividing them into Rubbermaid TakeAlongs Meal Prep containers! TakeAlongs Meal Prep containers are microwave-safe (reheat only), dishwasher-safe (top rack) and freezer-safe!

Bored with eating the same meals over and over? Meal prep and exchange with a friend or neighbor!

Made too much? When meal prepping, set aside leftovers in Rubbermaid TakeAlongs On-the-Go containers to create meals you can share with someone in need or a senior (socially distanced of course)!



Make it fun! Set up a facetime call with another family member who meal preps and use that time as a social activity as you each meal prep "together."

Rubbermaid TakeAlongs Meal Prep containers and On-the-Go containers are available at major retailers. - Rubbermaid. www.rubbermaid.com





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# #trending

HOME TRENDS' STYLE EDITOR SHARES

### LIGHT IT RIGHT

Lighting is also key in a kitchen, as it becomes hanging art and a staple within the overall design concept. Lighting can also be a great way tie together two different styles. This kitchen's transitional rustic style is complemented by industrial touches for a very unique and coherent look.



**EMBRACE OPEN CONCEPTS** An open concept means you can gather in two great spaces simultaneously, tending to kitchen duties while still watching over the entire family.

### THINK INSIDE THE BOX

Hidden gems behind the cabinet doors make this kitchen a space one loves to work in! This kitchen includes soft closing drawers, organization systems, and even a hidden drawer fridge.





Space Designed by Jo Alcorn, www.alcornhome.com, Photography by Jason Hartog, www.jasonhartog.com

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JILLIAN STRAKY SHARES SOME OF HER FAVORITE CANADIAN FINDS



Between the harsh winter weather and the frequent use of hand sanitizer, our skin is just screaming for a little self-care and Bee by the Sea offers the perfect remedy! This Ontario-based company blends the incredible healing powers of honey and sea buckthorn to produce an exceptional line of all-natural body lotions, butters, soaps, and oils, which smell and feel heavenly! - Bee By The Sea Natural Products, www.beebythesea.com



This stunning glass light fixture is locally made by Soffi Studio Home, an Ontario company known for creating outstanding sculptures, installations and decorative objects in blown glass and metal as well as breathtaking lighting - Soffi Studio, www.sofficturio.com





Black and white patterns are great for modern spaces! These hand-painted pots are made in Niagara, Ontario and come in a variety of sizes, colors and patterns that you can mix and match for a beautifully curated plant display! - Common House Studio www.commonhousestudio.ca

#### This locally manufactured Kait swivel chair is a

swivel chair is a gorgeous choice for any home! Available through designers, this piece can be custom-made in a wide variety of fabrics and leathers! Do you love the feel of a feather down sofa but without the feathers? There are some amazing down alternatives available as well! - Whitington & Company, www.whitingtonc.ca



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# MICHELLE &







Farmhouse Fresh

TEXT Zakiya Kassam I PHOTOGRAPHY Tracey Ayton









his neighborhood is what you would call an urban countryside, complete with flatlands, stables, and low speed limits for the sake of the horses that roam the streets. "The lot we bought is a very rare, regular-sized city lot, but in this special neighborhood," says Michelle Gemmill. "The home has five bedrooms, five bathrooms, and is just over 3,000-square feet." Michelle and Kenny Gemmill purchased the home with plans to renovate. "You can't have basements in this area due to the flood risk, so we reversed the floor plan to have what would normally be in our basement on the top floor," she says. "The home is three floors, with the living room on the main floor, bedrooms upstairs, and the spare and rec rooms on the top floor."



In keeping with the aesthetic of the neighborhood, the couple set out to design a modern farmhouse. "It was a new style for us, but we ended up loving it," says Michelle. She mentions that the main floor is her favorite. "We love to entertain and it's a really great room for that, with all the big windows that help bring the outside in." In addition to areas for lounging and dining, the main floor accommodates a spacious kitchen. "I love the luxe feeling of the black cabinets, paired with the raw wood open shelves for the farmhouse vibe. We also were able to sneak a pantry in, which has become a 'must have' when designing kitchens ever since." In place of upper cabinets, the Gemmills opted for minimalistic floating shelves. "Open shelving







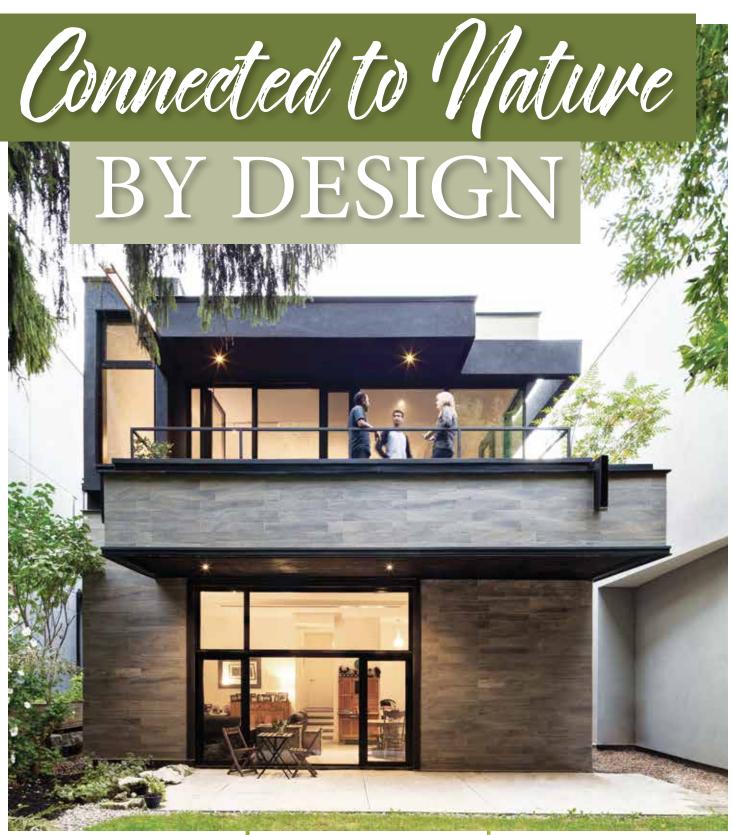


helps to increase the size of the kitchen optically, and I also find it so practical to have your daily-use items within arm's reach and not behind a door," she says. Michelle credits Union Wood Co. for the floating shelves and CF Interiors for the bar stools. "I really think you have to pick the right stools to go with your kitchen; it can make or break it visually." Though the couple splurged on marble countertops, the kitchen island is Caesarstone.. "Being our main workspace, I wanted the island to be durable and bulletproof. Marble is beautiful but high maintenance—and expensive." The Gemmills also splurged on appliances, tile, and special millwork. "We were lucky to partner with Jillian Harris and her team on finishings in the house."









Whether it's a new home or renovation, we begin the design with the same approach. We look for opportunities to relate the landscape with the architecture and interior. We start with the obvious common ground to be found between people, plants and trees. Simply, our need for natural light, water and air. With this common need in mind, it is possible to use a single design gesture to integrate the landscape with the building.

We often encounter long, narrow lots. Homes on these thin rectangular sites can suffer from a lack of light in the middle of the floor plan. There are a variety of ways to solve this problem. Full time artificial lighting would allow you to see comfortably in the middle of the house. But this is no substitute for natural light that shifts in color and intensity. In this project, we adapted a time-tested architect's strategy to solve this problem. The sun exposure from the south has the greatest intensity. In fact, a home's interior could overheat in the summer with

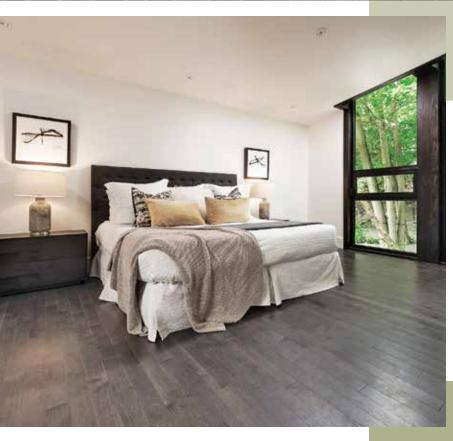


a large south facing window. Thankfully, a deciduous tree provides shade onto the glass. In winter, the leaves are gone and the interior receives the light and long shadows created by a low sun elevation. The deciduous tree we chose was a Japanese Maple for its red color and the sculptural qualities of its branches in winter. The window brings light from the second floor down into the middle of the ground floor kitchen area. We also used a Cut-Leaf Sumac tree to perform the same task.

You might ask how do the trees benefit? Every building must make a choice about where to place the rainwater. Down a drain and into a sewer is one choice. Onto the adjacent property is a choice that will not make your neighbor happy. Water from your downspouts and into a rain barrel is an excellent choice. Ideally, this stored water is used to irrigate a garden. Our solution is to use the roof to immediately direct the stormwater into a landscape. The maple and sumac trees from our example are fed water from the roof. The roof may seem flat until you are inside and notice the ceiling slopes







dramatically towards the ravine. On other occasions, the ceiling is lower and intimate toward the bed and then rises into the ensuite bathroom where a tall window offers views of the landscape. While our approach to design does not exclude a grand stair, fireplace or kitchen, it does not rely on these elements to create a beautiful and memorable home. We talk to the homeowners about the experiences of a space. The view from the living room window will be full of red in autumn just before the sumac sheds its leaves. While soaking in the bathtub in the evening, the sunset seen through the trees is calming. You will also be sheltered under the large overhang while watching and listening to the rain as the water descends from the roof into the ravine.

Our homes are the buildings we know best. Ideally, they should offer us everyday experiences that are uplifting. There are many good reasons to have nature all around us, and the empirical evidence has been mounting over the last decade. We are happier, healthier and more productive when we have nature nearby. When you consider your custom home or house renovation you may want to splurge on the bathroom and kitchen. Include in your design thinking the light into the space and what might reside outside it. This relationship will never go out of fashion and will serve you for many years to come. - David Peterson Architect, www.davidpetersonarch.ca











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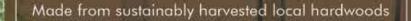




This master bedroom is an oasis for the busy parents of three teenage children and is designed to be a place where they can escape from the stress of life. It is a peaceful, cozy space that allows the couple to truly rest and relax away from the chaos outside.

The master bedroom previously had large pieces of furniture making the room feel overcrowded and tight. Given the small footprint of the space, we allowed the space to feel more open by adding smaller scale furnishings which are more in line with the proportions of the space.

The homeowner loves blues, grays and yellows. The home is primarily neutral and she wasn't interested in a neutral palette in this space. She wanted to incorporate color. The designer selected a deep, rich blue for the feature wall and brought in blues, yellows and warm gold finishes to let the room shine.





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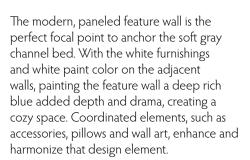


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Not only was the designer able to create a sanctuary for the homeowner to escape to within her home, the beautiful space was also created on a budget by incorporating a mixture of high and low pieces, splurging on the bed, feature wall and barn door but saving on furniture and accessories. The resulting space is proof that mindful spending and thoughtful design go a long way.







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# **GRAY + WHITE** as a color palette

The homeowners, two busy accountants with two teenage kids and two dogs, wanted an ensuite with a cloud-like and airy feel to retreat to at the end of a busy day. Their request was a white bathroom that didn't feel cold or overly modern. To stay on budget, most of the plumbing fixture locations were kept in their original place. One item that was moved was the tub filler. The previous location created challenges with the flow of the space so the tub filler was relocated into the corner. The homeowners wanted a large shower with controls at one end and the showerhead at the other, so a wall was built and some plumbing was moved to accommodate this request. Now the homeowners can control the water temperature before getting soaked!

The renovated ensuite features soft white tiles and finishes and offers plenty of storage. The vanity is fitted with integrated storage for the various hair tools and bath products. It was important to provide niches for soaps and robes but keep a clean look so additional space between the studs of the built-out wall was used to create integrated storage. A tall linear shower niche and robe niche were also included in the design plan.

The doorless, curbless shower is a favorite element for both the designer and homeowners. The subfloor had to be modified to accommodate the required slope but the results were well worth the effort. This really opens up the space and improves the flow and function of the entire ensuite.

Space Designed by Diane Ernjakovic, One Three Design Inc, www.onethreedesign.ca Construction by The Radke Group of Companies In Collaboration with Rachel Shore, Shore and Co. Interior Design Build



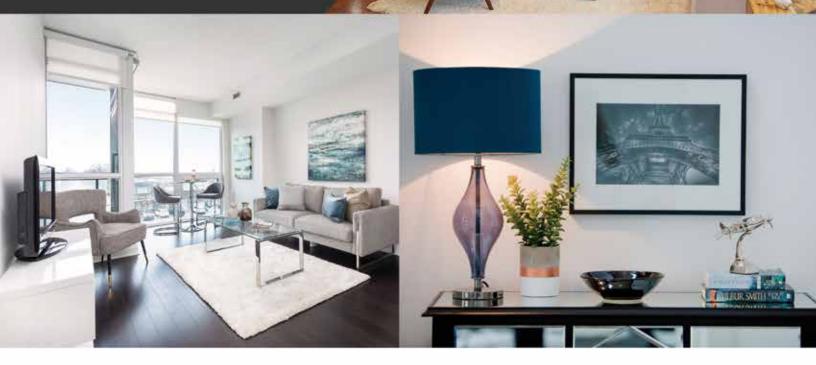


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Karla Dreyer Karla Dreyer Design www.karladreyerdesign.com

**CREATE A NEEDS LIST** Consider how you function in your kitchen. For example, do you have a large family and mostly cook at home? Do you need a large fridge or do you love cooking and a gourmet stove is important to you? Is having a large kitchen island you can sit around a priority? Knowing how you live in the space and what is most important will help in making decisions on where to spend and where to splurge.

**GET CLEAR ON YOUR STYLE** I always suggest that homeowners go on an app like Pinterest and save 5-10 images of kitchens they love. This exercise will help them get a clear understanding of the style they are gravitating towards. For example if all the images are of white kitchens with subway tiles, then they know not to get distracted with looking at colored cabinets. This will greatly help in the design process and keep everyone on track.

### the look

When it comes to creating a timeless, luxurious kitchen, nothing beats the look and feel of custom furniture-style cabinetry! In this kitchen, it's all about details. From framed cabinet doors to stunning moldings and elegant hardware, every aspect of this kitchen is meticulously thought out to create a stunning space you'll love for many years to come.



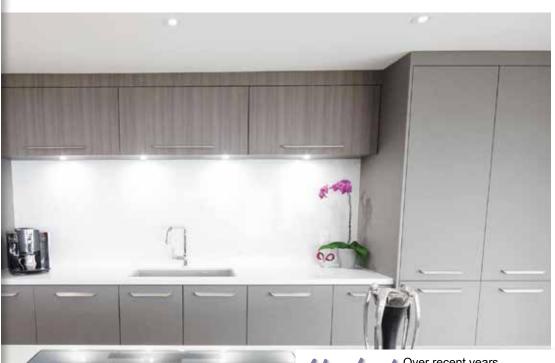
You will need to have a detailed floor plan drawn up so that you can get a sense of the flow of the kitchen. Is that dreamy 10 foot island going to fit? Each home and floor plan are unique. Is it an open space? How does the 'working triangle' look in your kitchen?

**MATERIAL SELECTION It's** important to have an overall

plan of how the materials work together. For example, you will want to see how the cabinet style and color, work with the backsplash tile and countertop. Knowing your style is a great start but it's important to make sure you love the materials going into your kitchen. Also consider other decorative items at this time such as pendant lighting and bar stools.

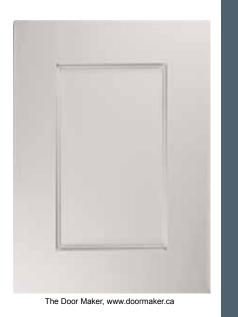
**PATIENCE** Kitchen renovations can definitely be a lesson in patience as during the renovation we don't have access to the room in our home we use the most. Keep your eye on the long-term plan and know you'll be enjoying a kitchen you love that suits your needs and aligns with your style. - Karla Dreyer, www.karladreyerdesign.com The look won a 2020 CHBA Award for Best Kitchen Renovation, is the perfect example to show that a sleek, modern kitchen doesn't have to be boring! Glossy blue cabinets mixed with pale wood tones and a gorgeous backsplash create a stunning space that is bright and airy with just the perfect amount of fun!

This kitchen, which



Over recent years, high gloss flat panel kitchens have been a popular choice but today, many homeowners are choosing a more subtle matte finish that offers that modern, minimalistic look without the constant fingerprints that are a concern with high gloss finishes!

Kitchens Designed by Elite Kitchen & Bathroom www.elitekitchencentre.com





AllModern, www.allmodern.com





Jo Alcorn Jo Alcorn www.alcornhome.com

Inspired by a gorgeous KitchenAid Commercial-style Range in Ink Blue, this modern farmhouse kitchen definitely offers plenty of WOW factor! Crisp white cabinetry is contrasted by a dark, dramatic backsplash. Traditional textiles, a gorgeous apron sink and wood finishes create a warm, moody look with rustic charm, perfect for a family to hangout in! Two-tone detailing on the hardware brings a touch of gold into the space in a subtle way for a hint of luxury that doesn't distract from the feel of the space.





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## ACCESSIBLE

Prior to the renovation, this home from the 1920s was in desperate need of more natural light and better accessibility. The homeowner specifically required a larger, bright open kitchen and an accessible bathroom on the main floor. The first step in making this possible involved adding a 90 square foot addition to the home which required the installation of engineered beams to support the addition and the floor above. The additional space allowed for the creation of a bright, open space with large windows, wide passage ways and a 5 foot doorway into the kitchen for better wheelchair access.

to doorway into the elechair acces.

The kitchen space, which won the Kitchen Renovation of the Year for Alberta award in September 2020, is designed to be wheelchair accessible but also provide plenty of space for entertaining with a large island where guests can gather and double French doors leading to the rear deck. Large windows were added, allowing for plenty of natural light within the space, creating an open and airy feeling. Large doorways and wide access areas around the cabinets allow for ease of use and access.

When renovating an older home, it's

important to try to create a seamless feeling between the existing and renovated areas of the home. For this project, site finished oak hardwood floors were selected to match the existing main floor. These were tied into the existing floor and then refinished for continuity. The kitchen also features Maple painted cabinets which offer excellent durability and Caesarstone countertops that are very low maintenance and easy to clean to ensure the space is both functional and easy to maintain! - Garth McDaniel, Allenbrook Homes, www.allenbrook.ca



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An outdated kitchen was given a fresh new look with new white shaker style cabinetry and Calacatta Quartz countertops. A beautiful yet subtle Marlow smoked textured subway tiled backsplash adds a touch of sophistication to the space. With functionality in mind, the Island is outfitted with a sink, dishwasher and pendant lighting. A custommade desk adjacent to the microwave makes it easy for kids to do homework in this beautiful and functional kitchen. - Superior Solutions Contracting, www.superiorsolutionscontracting.ca

#### shopping AROUND

Shopping for new appliances can be an overwhelming endeavor. There are many new technologies available that can improve both the functionality and style of your kitchen. Before beginning your kitchen design plan, it is important to select the appliances you want to include to ensure you are able to plan the layout and space accordingly. With 29 stores across Canada and delivery



available Canada wide, the expert staff at Canadian Appliance Source can help you find the perfect appliances for your kitchen no matter what your budget and style! -Canadian Appliance Source, www.canadianappliance.ca

## KITCHEN

Granite is one of the most popular countertop choices because of its durability, but this also means you'll want to select a countertop that you will love for many years!



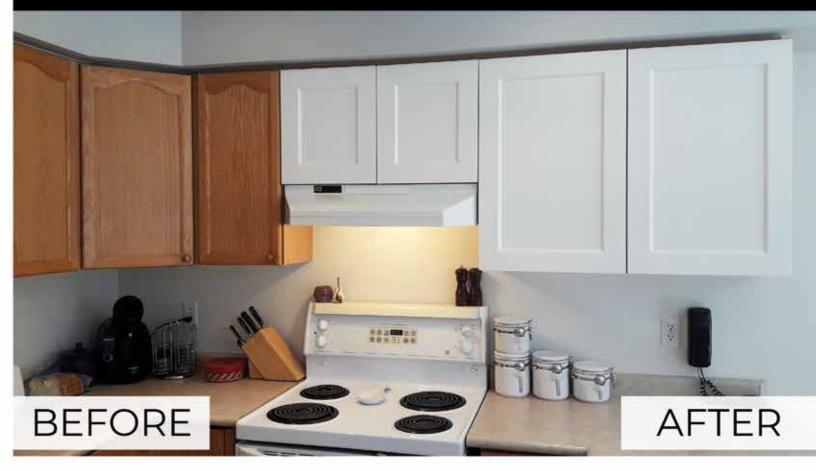
There are a few things to consider when selecting the best countertop for your kitchen!

**CABINETRY COLOR** To create a cohesive look, select a granite that includes your cabinetry color in the mix. This could be the main color in the granite, or if you are looking for more contrast, it could be a color in the veining.

LIGHT OR DARK Lighter colors are a great choice if you are working in a small space or a kitchen with minimal natural light as lighter colors will help keep the space bright and airy. Dark colors are a great way to add drama and contrast, especially in a kitchen with lighter cabinetry. Of course, if you are embracing the black cabinetry trend, a lighter color countertop may be the thing you need to create that contrast!

**PATTERNS** Granite typically comes in three patterns: solid, speckled and marbled. Solid granite has very little color variation and is a great choice for small spaces where busy patterns might be overwhelming. Speckled granite offers a classic look with plenty of color variations that add interest while marbled granite offers a more subtle variation in color for an elegant, modern look. - Take Us For Granite, www.takeusforgranite.ca

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#### WHAT IS INTERIOR FILM?

Bodaq Interior Film is a lightweight self-adhesive stretchable high-quality refinishing material for interior design and decoration. Interior film can be applied on any surface, whether it is flat or curved. It also precisely imitates textures of wood, stone, marble, metal, fabric, and so much more.

#### WHERE CAN INTERIOR FILM BE USED IN A KITCHEN?

In a kitchen, the interior film can be applied basically on everything - kitchen cabinets, cupboards, kickboards, countertops, backsplash, appliances, ceiling, walls and floors. Interior film is a great solution when you already have a kitchen that functions great for you, but its design is outdated or just dull. Bodaq Interior Film is a great refinishing solution that also gives homeowners the opportunity to implement unique textures to surfaces. For example, you could make kitchen cabinets look like cement, wrap a fridge with black marble, or install a leather pattern on a countertop. The possibilities are endless and limited only by your imagination.

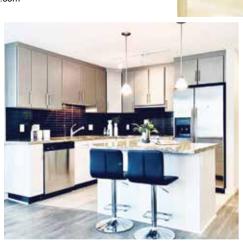
#### HOW DO I CARE FOR SURFACES TREATED WITH INTERIOR FILM?

Interior film is easy to clean, and it will maintain its perfect appearance for a long time. Regular cleaning can be done with a soft sponge or cloth. If stains appear on the surface, it is better to use a melamine sponge and not regular erasers or scrubbers to prevent scratches. For stubborn stains, mix ethanol and water 1:1. Avoid the use of harsh chemicals and protect surfaces from hot or sharp items to keep your surface scratch free. - Nelcos, www.nelcos.com











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DESIGNER EVA CHMIELOWIEC FROM HERITAGE FINISHES SHOWCASES ONE OF HER RECENT PROJECTS TO USE AS INSPIRATION FOR YOUR NEXT KITCHEN RENO.



Located in a stunning Beaver Creek Valley ski chalet, this kitchen is the perfect mix of rustic texture and sleek modern finishes! A highlight in this space is the white oak shelves, island accents and pantry that we hard brushed to give them a very textured look that brings character and warmth while providing excellent contrast with the dark cabinetry! - Heritage Finishes, www.heritagefinishes.com

the look

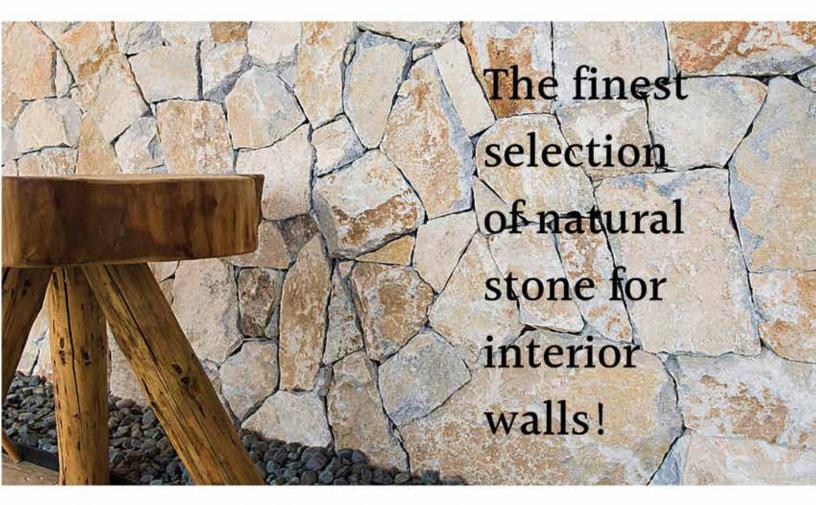


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Beauty Set in Stone.



## EVELYN'S DOUBLE TAKE

DESIGNER EVELYN ESHUN CREATES TWO UNIQUE LOOKS FOR YOUR FRONT DOOR INSPIRED BY BEAUTI-TONE'S DESIGN ROOTS COLLECTION.

**URBAN FARMHOUSE** A front door in a fresh light blue-green color is happy and bright against the white siding and black accents which give this house an urban farmhouse look with a clean contemporary feel. Adding abundant bushes of lobelia bring a country feel to this front door.

Door Color, Make A Splash DR121-1, Beauti-Tone, www.beauti-tone.ca; Hardware, Emtek, www.emtek.com; Lighting, Living Lighting, www.livinglighting.com

#### BOLD CLASSIC

A red door is a classic and timeless way to make a statement for just about any home. Pairing a bold red door with soft gray siding gives the home a modern touch while shiny brass hardware adds a feeling of classic luxury. A collection of planters of colorful flowers adds a touch of fresh, wild abandon while still being very organized and elegant.





## Color confidential

White Chocolate Beauti-Tone www.beauti-tone.ca Beyond Beautiful Beauti-Tone www.beauti-tone.ca

Comfort Beauti-Tone www.beauti-tone.ca

**TRADITIONAL CHARM** The traditional farmhouse style is a great choice for a country home or cottage. For an updated look, select a neutral color with white trim and add a pop of subtle color in the shutters!



**TIMELESS CRAFTSMAN** Crisp bright white against a stunning blue is a classic combination that will never go out of style! Add a stately wooden door and accents in natural stone veneer for a look that is both elegant and timeless!

> Iced Queen Beauti-Tone, www.beauti-tone.ca

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#### **MODERN MINIMALISM**

For a modern, minimalistic look, pair sleek, clean lines with a monochromatic palette of white, gray and black! Natural grasses and wooden decking add a welcoming touch of warmth to this otherwise cool look.

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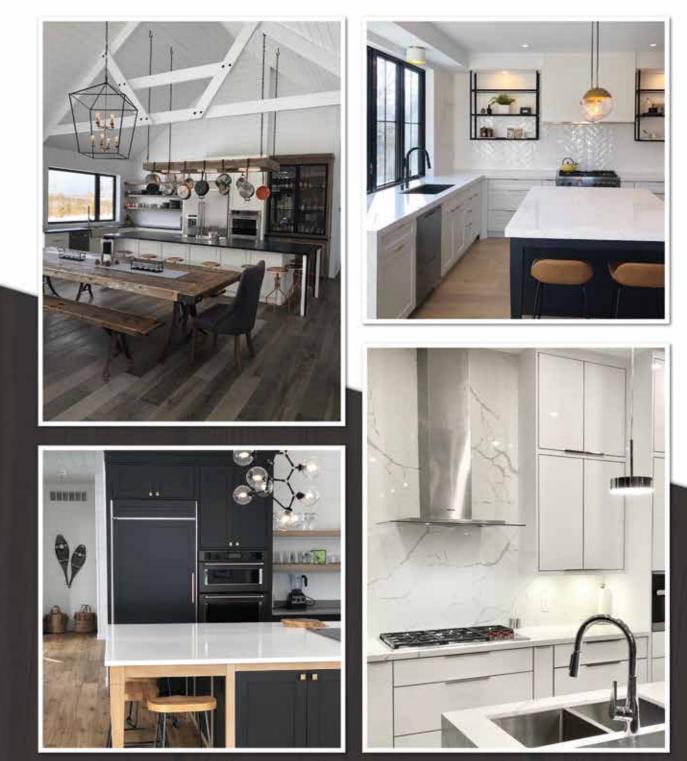
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# 





This contemporary exterior concept features a flat roof and a creamy white as the primary color to bring the structure visually forward and add a touch of luxury. Coral White Ledgestone adds texture and a subtle range of color for added elegance. Accents in wood and contrasting dark colors also add an inviting warmth. - Susan Jomba, Distinct Interior Design, www. distinctinteriordesign.ca

ChamClad, www.chamclad.com







Home Depot, www.homedepot.ca



ChamClad, www.chamclad.com

In an effort to marry two different styles, this home exterior offers a warm feel through rustic touches and a nod to a contemporary structure. The exterior finishes were highlighted with clean, but varying lines to draw the eyes around and enjoy a full view of clean finishes

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Erth Coverings, www.erthcoverings.com

#### natural ELEMENTS

Natural elements like wood and stone are perfect exterior options for a rustic modern home. Blustone paired with cedar siding gives us the feeling of being surrounded by mountains and forest. The rugged coolness of the stone is balanced by the warmth and softness of the wood. Pops of any color can easily be added to this otherwise neutral background. - Kelly Penuita, DecoChic Interiors, www.decochicinteriorsca



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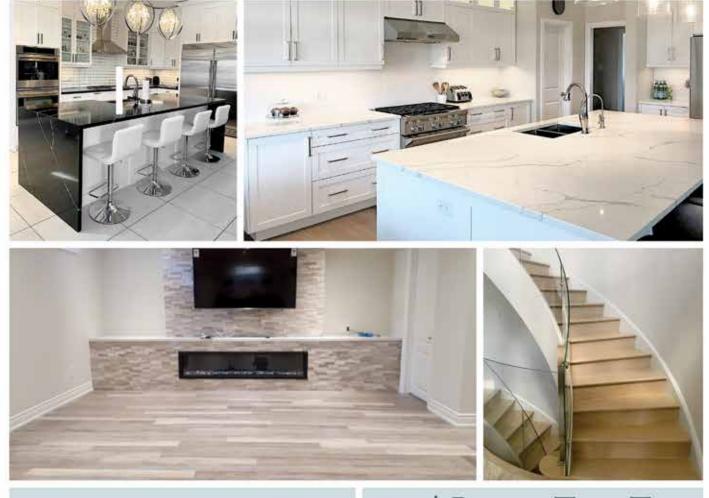


The Modern Farmhouse architectural style for homes is having a moment right now. It looks as good in the city as it does in the country, or as a vacation property on a lake or ocean. The modern farmhouse blends simple lines with natural materials, colors and textures. -Trish Knight and Nicole Varga, Knight Varga Interiors, www.knightvarga.com



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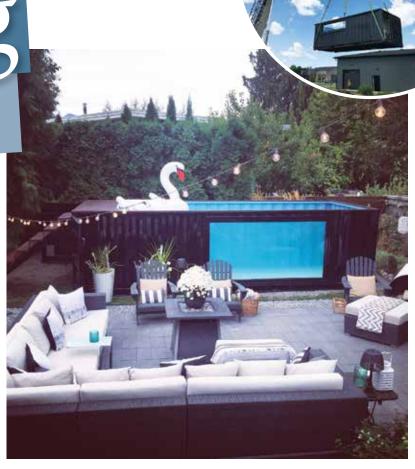
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#### the perfect pool

A swimming pool is the ultimate addition to your backyard, offering hours of fun and entertainment for the whole family! Shipping container pools are an affordable and easy way to add the luxury of a swimming pool to your backyard oasis. Available in a variety of lengths, widths and depths, your shipping container pool can be completely customized to suit your needs with windows and energy efficient heating systems for cooler nights and cooler climates! - 204 Container Homes & Pools, www.204containerhomes.com





PRO TIP

Maintaining a pool or even a hot tub can be a lot of work and it takes time away from enjoying your outdoor oasis! Consider enlisting the services of a professional pool maintenance company who can help determine a maintenance schedule that is best for your particular pool, take care of regular cleaning and maintenance and let you know if there are any issues or repairs that need to be done. This allows you to enjoy your pool without worrying about time wasted on maintenance. - Custom PoolCare www.custompoolcare.ca



#### the space

A backyard oasis should be an extension of your home, offering space for a variety of activities including entertaining, lounging, dining and more. Your deck or patio area will be the main gathering place for family and guests alike. Western Red Cedar is a popular choice for decks because of its timeless look and natural beauty. Responsibly sourced Western Red Cedar boasts a net carbon sink and is naturally resistant to rot, insects, decay, moisture and therefore lasts longer, requires less maintenance and doesn't need chemical treatment. - San Cedar Direct, www.sancedardirect.com

#### **Container Pool Benefits**



#### EASY TO SET UP AND INSTALL

A shipping container pool comes as a fully functional unit with plumbing, heating and electrical systems already installed as well as other features. With this pool, all you need to do is get the foundation ready.

#### CUSTOMIZABLE FOR MORE STYLISH SHAPES AND DESIGNS

Shipping container pools can be modified to accommodate the specific style and functionality that you want. You can have a divider included in the pool so that one part is the pool and another a hot tub. Also your pool can be customized with LED lighting and even front windows for close monitoring of the happenings inside the pool.

#### MORE AFFORDABLE THAN MOST CONCRETE SWIMMING POOLS

Thousands of shipping containers are dumped every day for sale as second-hand items. This abundance has made shipping containers readily available and thus very affordable.

**DURABLE** Shipping containers have a very tough exterior that is made of prefabricated steel and welded together. These containers are sturdy, robust and hardwearing. For those living in disaster-prone areas, a shipping container is a convenient option for a swimming pool. They are built to withstand the harshest weather conditions, such as hurricanes and earthquakes. In other words, containers are built to last. - 204 Container Homes & Pools, www.204containerhomes.com



When the goal is to create a space you will want to spend plenty of time in all summer long, it is important to select furniture that is both stylish and comfortable. Keep in mind that you will want pieces that offer the opportunity to lounge and relax along with pieces that offer places to sit and eat as well. Select pieces that offer high quality construction and materials to ensure your outdoor furniture can withstand the elements and remain looking and functioning nicely for many summers to come! - Mountain House Furniture, www.mountainhousefurniture.ca





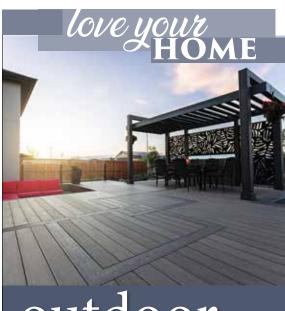
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This beautiful project was created with the homeowner's goal of using unique inlays, a sunken living area with a pergola and privacy wall. The experts at Prelude Decks and Fences created a 3D design that the homeowners fell in love with. They started by installing Helix Screw Piles (5,000 lbs. capacity each) to give the deck a solid foundation and from there they built and installed pressure treated wood beams and pressure treated wood joists covered with G-Tape which provides a water proofing membrane and adds extra life to the treated wood. They then chose the gorgeous natural looking Coast Line with Island Oak borders deck boards from the TimberTech AZEK Vintage Collection. The AZEK deck boards are made of 54% recycled PVC with seven different color variations within each board therefore no two boards look alike. It comes with a 50-year fade and stain warranty making them a great option for this low maintenance deck! The boards were fastened with a TimberTech AZEK CONCEALoc fastening system along with a Cortex Plug. Prelude Decks and Fences also created a unique design at each end of the deck as well as inlays and a herringbone design. To create a unique look, a different style of stairs with the boards going in different directions, and complementary outdoor lighting (In-Lite Hyve 22 RVS) was added. The Pergola was built with treated posts and beams then wrapped with AZEK PVC to match the deck and was finished with a stylish privacy wall. The homeowners can now enjoy their new outdoor oasis for years to come. - Prelude Decks and Fences, www. preludedecksandfences.com



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Noticing a need in the marketplace for easy to install, affordable and flexible outdoor living space solution, Sunspace is introducing a new concept for 2021: the Sunspace SunLounge! This maintenance free aluminum deck features strong structural aluminum beams with acrylic privacy walls and windbreaks. Built using Sunspace's AlumaDeck material, the deck is slip resistant and will never need to be painted or stained! The pre-manufactured pieces are bolted together on-site and can be typically installed in four hours by a trained crew! Designed for outdoor use, the deck can be installed directly on level ground or a sand beach. Once assembled, the SunLounge can easily be picked up and moved from one location to another with the help of a few friends! It's the flexible, affordable and low-maintenance deck option homeowners have been searching for! - Sunspace Sunrooms, www.sunspacesunrooms.com



#### \*\* AM WORKING FROM HOME AND NEED TO MAKE AN OFFICE IN MY KITCHEN. HOW CAN I ACHIEVE THIS WITHOUT TAKING AWAY FROM THE FUNCTIONALITY OF MY KITCHEN?\*\*

As we move into a lifestyle that expects more from our home, an office kitchen is a functional and desirable solution. Whether you have a small area or enough space to build a home office, the



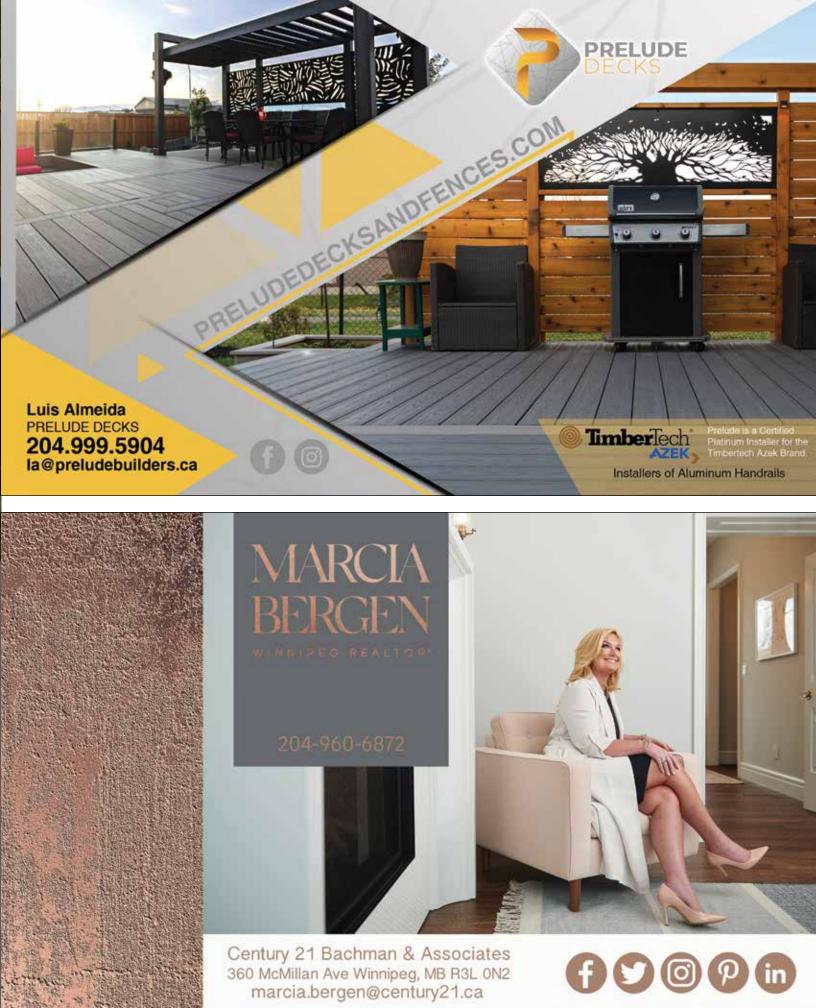
juxtaposition of kitchen and office is very advantageous. There are a few ways to add a home office in your kitchen without taking away from the functionality of the room. First, it takes some decluttering and organizing. Our custom designers can help find the perfect solution to maximize your space in the kitchen and make it more functional and stylish so you can love every inch of your home.

#### OUR EXPERT DESIGNERS CAN HELP IN THREE WAYS

1. Purposeful planning of counter space is important so that these do not end up as dead zones in your kitchen. Adding a pull-out desk for times you will need to work, is a great addition for your multifunctional kitchen. This is ideal for smaller kitchens and condos.

2. A breakfast nook is a perfect place to take advantage of a kitchen office. Add a custom bench, cabinets, open shelving for books and a printer, and a great countertop dedicated for working comfortably from home. Adding a beverage area is also a great idea!

3. Another great area for a kitchen office is right beside the kitchen. The pantry can be extended into a working area for yourself, spouse, or children without taking out the dining table. This is a more focused zone but also allows you to add more functionality into your room. -DYMON Kitchen & Closet, www.dymon.ca







ASK A MORTGAGE EXPERT: HOW TO USE THE EQUITY IN YOUR HOME WISELY



MORTGAGE BROKER

#### At this time of the year, many homeowners reach out to me looking for ways to use the equity in their homes. They are considering renovations, have credit card debt, or simply want to invest in a new home or send their child to University. Everything is on the table.

Mortgage Brokers have the tools and expertise to assist you with your goals, wants, and needs. We have a mortgage for that, and utilizing the equity in your home wisely, is a great place to start!

Equity is the difference between the amount of the mortgage you have on your home, and the appraised market value. With home prices in major suburban areas and now even in more rural areas, increasing year after year between 10 - 13%, most Canadian homeowners have available equity.

There are many options to consider when refinancing the mortgage on your home. As Mortgage Brokers, we look at the big picture. We listen to you and review your financial position, tailoring our recommendations based on the information you provide. It may mean refinancing your first mortgage, adding a Home Equity Line of Credit, or obtaining a second mortgage. All are possibilities when using your available equity.

For renovating, a Home Equity Line of Credit (HELOC) is a flexible mortgage solution. It allows you to access the money when you are ready to begin. Interest is paid only on the funds used and as a fully open mortgage you are able to pay it to a zero balance at any time with no penalty. Most importantly, it is a revolving account, allowing you access to the funds again and again, for the next project on your to do list.

A HELOC is also great for taking out money to invest or consolidate debt. However, when circumstances lead you to need a different solution, a second mortgage or refinancing your first mortgage should be considered.

With debt consolidation specifically, many borrowers do not realize that the interest calculated on a credit card compounds on a daily basis. This means each unpaid balance on any one credit card is being charged interest on interest every single day! Know your mortgage, know your options. – Tracey Brock, Dominion Lending Centres Mortgage Plus, www.traceybrock.ca, 10304 Independently O/O

#### BASEMENT check up

Your basement can provide valuable extra living space within your home and finishing your basement is a decision many are embracing this year. Unfortunately, a wet or damp basement can lead to a number of issues that can affect your health and cause costly damage to the materials you use in your basement! The clearest indication that you may have issues in your basement are the presence of cracks in the wall or floor. Another indicator can be the presence of musty odors in your basement. If these issues exist, it is important to work with an experienced team to repair and waterproof your basement before renovations begin to ensure the money you invest in finishing this space is not wasted! - Act Fast Water Proofing, www.actfastwaterproofingca

#### HOME automation



Technology has always been intended to improve and simplify our lives. Today, nearly every aspect of your home can be controlled by an app. Your lighting, heat, security systems, window shades, TVs, audio systems, and more can be easily monitored and controlled from an app on your phone. The problem is that many people find that setting up and operating multiple smart home technologies and apps becomes a hassle. This is where the Crestron Home system comes into play! Creston systems can be used for your home or office and allow you to bring all of your smart home features together into one easy to use app with no programming required! This allows you to create a unique experience specific to your own needs, without the hassle of setting up and maintaining multiple apps at once! - Home N' Tech, www.homentech.com

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#### WHY IS THE QUALITY OF HELICAL PILES IMPORTANT?

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ASK A LUXURY BUILDER: WHAT MAKES A LUXURY HOME BUILDER?

#### IS THERE A BIG DIFFERENCE BETWEEN A LUXURY HOME BUILDER AND OTHER HOME BUILDERS?

Honestly, the main difference is in what they specialize in. A luxury home builder specializes in luxury homes and will often carry fewer projects but with a much larger scale than those of a typical home builder.

A more important difference, no matter what type of home you are building, is the difference between an experienced home builder and someone that just calls themselves a builder. You can have a very experienced home builder that doesn't focus on luxury homes, and regrettably you will find inexperienced home builders who specialize in luxury homes.

Too often in today's market, you will find guys that call themselves builders, but they don't have the know-how, the years of experience, and preferably the education followed up with years of experience building homes. They depend on the integrity of their subcontracted tradespeople to do the work for them and hope that all of it will come together and make the builder look good.- Ambassador Fine Custom Homes Inc, www.ambassadorfinecustomhomesinc.com





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#### EDITOR'S PIOKS FOR WHAT'S TRENDY IN 2021.



#### Laguna COLLECTION

This sophisticated dining space is part of the Laguna Collection, an artistically elegant collection of furniture for your bedroom, living room and dining room! The collection features a mid-century inspired design that blends eclectic metal work and handcrafted solid wood with attention to detail that provides for timeless style and quality. - Abode Crafted Wood Furniture, www.



The Massage Pro LX Massage Chair is the perfect massage chair for small or busy spaces where a smaller footprint is needed. The LX features a walking track that fits the human body curve from the shoulder and neck to the tailbone and heating therapy points at the neck, shoulder, waist and buttocks to relieve pain and promote blood circulation. The LX offers 8 cm deep massage with intelligent body detection for a massage experience that is as close as possible to a hand massage. USB charging, zero-gravity and Bluetooth music features make this a well rounded massage chair the whole family will love. - The Massage Pro, www.themassagepro.com



#### SAFE-T-SCREEN

No Bars! No Grilles! Clear View Stainless Steel Screens

With crime being at an all time high, it is more important than ever to protect your home. Safe-T-Screen is a product that prevents home break-ins and complements your existing alarm system. Alarms are effective at letting you know that a break-in is happening but doesn't prevent it like the Safe-T-Screen! This product not only keeps intruders out, it also provides care-free ventilation for windows and doors without compromising your family's safety. - Metalex, www. metalexdoors.com

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## V PRO TIP

It is important to consider the direction in which you install your hardwood flooring. If your space is long and narrow, installing the boards parallel to the longer walls can make the room feel even more narrow. While more of a challenge for the installer, laying the floor on a diagonal can make a narrow room feel wider.



#### Basement or Cottage

Due to the fluctuating humidity levels found in basements and cottages, the best choice for these spaces is engineered hardwood flooring. Because of the multiple crisscross layers of engineered hardwood flooring, these floors are more dimensionallystable than solid hardwood floors and resist warping or significant expansion and contraction due to fluctuations in humidity and temperature. Another thing to consider when choosing hardwood flooring for your basement is the color. While light-colored wood floors can brighten up a dark basement room, dark woods can lend a feeling of warmth and coziness to an otherwise cool lower level room.

#### Small Spaces

When looking to install hardwood flooring in smaller spaces, you might consider choosing lighter-toned woods, such as Ash and Maple. The lighter hues of these hardwoods can make a small room feel more open and therefore, seem larger.



Let's be honest...pets and young children can be hard on your home and specifically, your flooring. For this type of household, it's best to choose a hardwood floor that either offers hardness and durability or a finish that disguises dirt and scratches. Hickory and Hard Maple are two of the hardest North American hardwood species, making them the most resistant to scratches and dents. The specific finish on a hardwood floor can disguise scratches that may occur. Wire-brushed is a popular finish that creates a multi-dimensional and slightly weathered look to hardwood floors. It is because of this additional visual texture given to the wood that scratches and dirt are not easily seen. Another choice for a busy household would be to consider a hardwood floor that is finished with our Pioneer Oil repairable finish. This very low sheen matte finish hides scratches and marks quite well and with a Pioneer Oil Maintenance Kit, these floors

can be repaired and restored.

#### Pets and Children



BreezeWood Floors, www.breezewoodfloors.ca

#### **CANADIAN HOME TRENDS & HOME RENO DIRECT**



Remon Hanoun and the team at HomeReno Direct have been working in the home renovation industry for the past decade as a general contractor specializing in kitchen, basement and bathroom renovations. Over the years, Remon and his team noticed a common issue in the renovations industry. For the homeowner, the process and experience during the initial stages of a renovation was inconsistent and stressful. With no professional setting to conduct business in, homeowners had to visit multiple material vendors when making selections and as the contractor, this also took valuable time away from current projects. Realizing the benefits of offering these processes under one roof, the HomeReno Direct showroom was opened in Mississauga in 2015 to much praise. Homeowners were now able to visit the showroom where all necessary services and selections were available in one place, simplifying the process for both the homeowner and for the contractor!

renoz

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In 2021, HomeReno Direct is preparing to offer this solution to the rest of the home renovation industry, allowing renovators to provide a consistent, convenient and professional renovation experience to homeowners through the Renoz Design Centre! Opening in June of 2021, the Renoz Design Centre will offer a 13,000 square



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foot one-stop shop solution for home renovation projects! The Centre will become a space that designers and renovators can use to facilitate all elements of a renovation, allowing them to offer their clients a more streamlined, professional experience.

Memberships with month-to-month or annual options will include 24/7 access to fully furnished and regularly cleaned varying levels of office space (shared desk, dedicated desk, semi-private office, private office), in-house design services, business-class copier/scanner/printer services, high-speed internet, access to a boardroom with a TV for presentations, a fully functional kitchen, access to a design showroom with a wide variety of materials and fixtures for selection during a renovation and discounts on home renovation materials and fixtures sold by Renoz. Homeowners will also be able to visit the Renoz Design Centre to browse and buy materials and find a renovator or designer for their project! - Renoz Design Centre, www.renoz.ca



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## Cottager's DREAM

WHY THESE ISLAND COTTAGERS SAID NO TO A COMPOSTING TOILET AND A SEPTIC SYSTEM.

For many years Steve and Brigitte had a dream of owning an island cottage in Northern Ontario. In the Spring of 2020 that dream came true on Whitson Lake, Sudbury, Ontario. The cottage was what they always wanted, a place to relax and enjoy with family and friends.

As with every cottage this was no different in that it needed some upgrades plus a little TLC. One of the biggest immediate needs was upgrading the waste solution. Being on an island usually means paying out tens of thousands of dollars to have a septic solution installed, digging a good size hole for an outhouse, or settling for a composting toilet.

In this case the property would not accommodate a septic due to its size and proximity to the water. The previous owner had started with an outhouse which later had to be decommissioned due to the rocky soil and having no where else to dig a big hole. From there they decided to install an RV toilet inside the cottage that emptied into a holding tank they called the "blue honey wagon." It sat below the cottage and after every weekend or when the tank filled up, they would disconnect it and take it on their boat to the mainland to dispose of the waste. Having owned an RV for many years, Steve and Brigitte were all too familiar with emptying out a black water tank and wanted nothing to do with that experience now that they had their dream cottage. "At least in an RV you can drive it to the disposal area," they said. Hauling the honey wagon full of waste to a disposal station was not something they wanted to spend time doing while on vacation.

So, Steve and Brigitte started researching composting toilets to find out how they worked and what kind of maintenance was involved. They soon realized that this was not what they wanted for their cottage or as Brigitte put it "Composting toilets are more complicated than we thought they would be." Given the cooler climate in this part of the world, many do not realize that for many composting toilet models, the process of breaking down the waste only starts in the toilet and a lot of it happens after you dispose of it. The maintenance and user experience are much more involved when owning a composting toilet to ensure that there is no smell, and the waste stays dry so it can break down.

While continuing to investigate options for their newly purchased cottage, Brigitte's brother asked if they had considered the Cinderella Eco incineration toilet. A waterless toilet solution for on and off the grid locations. Excited to find out there was another option they set out to learn more about these Cinderella incineration toilets. They quickly discovered that Cinderella Eco incineration toilets are a world class, environmentally-friendly, complete waste solution made in Norway for the last 20 plus years and that Incinerating Toilets Inc. out of Ontario was running a contest. They knew right away that a Cinderella incineration toilet was the right solution for them, so Brigitte entered the ugliest outhouse contest. A couple weeks later after working tirelessly to get the most votes, they were declared the winners.

With the help of Kegel Heating and Cooling, the new solution was installed within a few hours. We followed up with Brigitte and Steve and this was their comment. "You come here and really; it feels like home. The Cinderella incineration toilet is just way simpler, especially compared to a composting toilet."

"It definitely will make it so much easier and encouraging to come to camp (the cottage) for us and our guests and not have to worry about how to dispose of the waste from the tank or how to use the composting toilet." - Incinerating Toilet, www.incineratingtoilets.com/ca



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#### IS IT BETTER TO BUILD A CUSTOM HOME OR RENOVATE MY HOUSE?

This is a question we hear often, although there is no simple answer. The choice depends on several factors including, but not limited to; the overall condition of the existing home, local zoning by-laws, budget, and personal objectives (i.e wanting a larger kitchen, open floor concept, or adding additional bedrooms or bathrooms), just to name a few. Another consideration is whether you and your family will be able to stay in the home during the construction, or will you need to move out? This may add to the financial impact. When going through the process, there is never one correct solution. Every project is unique and will have different objectives or challenges. Since 1989, the team at Ridgestone Homes has been working with homeowners to transform their dreams into reality.

#### What is a design-build firm and why is this beneficial?

When working with a design-build firm, both the design and construction functions are brought together as one. With this option, the homeowner manages a single contract with a particular entity. Everyone on the design-build team has the same goal, to successfully complete the project and ensure it meets or exceeds the homeowners' expectations. When working with one entity, the design-build firm is accountable for the entire project. From planning and design all the way through to construction, the team works to provide a stress-free experience and they are committed to providing quality and excellence to each project!

#### What should I consider before hiring a design-build firm?

Undertaking the construction of a new home or undergoing a home renovation is no small job. The design process requires your ongoing feedback, but it doesn't stop there. During the construction stage, it is important that you have ongoing communication with your project manager to discuss the progress of the project and periodically schedule on-site visits to ensure the project is proceeding according to its schedule. The first step to ensuring a successful project is to select and hire the right team. We recommend starting out by looking at firms whose design and quality appeal to you. Ensure you ask if your budget is realistic for the project you have in mind or ask if they can provide any other suggestions to help get you achieve your overall goal. Ask for references and make



sure they are members of the local Home Builders' Association, and/or RenoMark members (if you are renovating). Also, if you are building a new home in Ontario, ensure the firm is registered with the Home Construction Regulatory Authority (formerly known as Tarion.) If they are not, this should be your first red flag. Ensure you get plans and detailed specifications to ensure you know exactly what you are getting. Most importantly, ask questions. -Ridgestone Homes, www.ridgestonehomes.ca



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Located on a quiet tree lined street in a very desirable neighborhood sits a typical, unassuming ranch-style bungalow. The home was perfectly proportioned for a family in the 60s and 70s, but the average contemporary family expects more out of their living space, and the new owners of this home were no exception. While they fell in love with the neighborhood, they recognized that the home would need to expand to meet the needs of their growing family.

The lot size afforded them the option to completely tear down the existing house and build new, but the homeowners wanted to respect the aesthetic, size, and scale of the homes in the neighborhood and did not want to build a "monster home" that would stick out like a sore thumb. So the challenge became how to grow the existing home. The initial scheme involved creating a juxtaposition of the new and old by sliding in contemporary glass boxes into the existing home. However, following a review of the cost implications, the homeowners were advised to review an alternative that would provide better "bang for their buck." The second scheme looks to remove the existing roof and rebuild it to accommodate higher ceilings on the ground floor and a loft space above for the bedrooms. This allows the ground floor to spread out to provide a generous kitchen with a breakfast nook, a dining table that opens onto a front patio with landscaping for privacy, and a large living room for entertaining. Often times, the design process involves several iterations, especially when teaching old houses new tricks. And there is also time, money and patience needed to make

it through municipal approvals and the construction itself. However, this time and effort pays dividends once the family sits down for their first movie night in their new living room – knowing that it is a customized, tailored solution that has transformed their old home into their dream home. - Christine Hancock, Architect



Engage your architect/designer early! They can help you quickly explore a few different options at a high level before committing to a design that matches the desired budget and aesthetics. This will save you time and money in the long run.



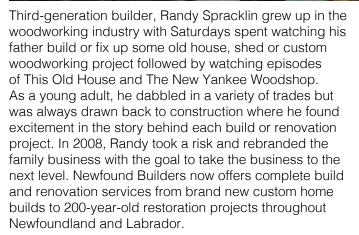
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# this issue's TRENDSETTERS

A look inside the work and lives of some of the industry's most innovative thinkers.

Photo by HGTV Canada / Cineflix Productions

# Randy SPRACKLIN



Randy also created a second branch of the company, Newfound Woodshop, where you can find custom pieces to fit your project. You can stop by the woodshop and get that custom piece that you have been dreaming about, built from some new lumber or that 200-year-old lumber salvaged from a restoration project. Newfound Woodshop now offers a showroom where you can view custom pieces or watch the team in action through a large window into the workshop!

In 2018, Randy was approached by Cineflix Productions about participating in a show for HGTV Canada that would showcase the under-represented East Coast. Airing on HGTV in February of 2021, Rock Solid Builds follows Randy and his team as they battle the island's rugged terrain and notoriously harsh weather to pull off historic renos and jaw-dropping builds. Set against breathtaking views of 'the Rock,' it's a year-round labor of love as these proud islanders do whatever it takes to get the job done. There are plenty of laughs and pranks along the way. And from spectacular new homes on the coast to loving



restorations of centuries-old properties, Randy and his crew showcase the unique charm of living and working on the extreme eastern edge of North America.

CANADIAN HOME TRENDS What inspires you?

**RANDY SPRACKLIN** Working with old homes and old wood that comes from them inspires me. It's something about those old homes and the way they were built years ago. Here in Newfoundland, we were a fishing province and had a lot of master boat builders. A lot of those master boat builders built homes in the off-season. I find inspiration in bringing an old home back to life and keeping a piece of history alive.

**CHT** If you could have lunch with any one person in the world, who would you pick and why?

**RS** There are so many people I would like to sit down to lunch with to pick their brains, I wouldn't be able to pick just one. But I would love the chance to talk to my Grandfather again and see his thoughts on the company as it is today.

CHT What is your favorite room in your house?

**RS** If I had to pick one it would be the kitchen, but the part I love the most about our house is the backyard. We have 6.9 acres of trees and gardens. It's a great place for our two kids to grow up. - Newfound Builders, www.newfoundbuilders.com

## JIII TURGEON

Jill Turgeon, an award winning professional home stager and founder of Simply Irresistible Interiors, credits her success in part to having previous experience as a real estate agent. This gives her unique insight because she is able to understand the agent's mindset and their challenges and goals as well as understanding how buyers and sellers think. As the first person to offer professional staging services in the Edmonton area, Jill recalls the early days back in 2003 where she used her own décor to stage homes! Today, her company offers flat rate packages based on the rooms being staged and brings in stunning, on-trend pieces from her warehouse to stage each project. This allows her to offer professional services with complete transparency and no surprise costs. Jill recently undertook a very challenging but rewarding venture, adding a retail division with her first store in Stony Plain, Alberta!

**CANADIAN HOME TRENDS** What is your favorite room in your house?

**JILL TURGEON** My bedroom. It is the most welcoming and comfortable space.

CHT Name one thing on your bucket list.

**JT** A hot air balloon ride on a beautiful vacation somewhere warm.

**CHT** If you could go back 20 years, what advice would you give your younger self?

**JT** I would first make sure I was in the same spot as my husband so we could meet 20 years sooner. I would also give myself advice on how to hire better, and to save profits first, as that was the best advice I have ever received in business. - Simply Irresistible Interiors, www.stageandsell.ca

## Lelene VASSC

Having worked 30 years in the non-profit healthcare sector, Helene Vassos was preparing to retire when the opportunity to open a cannabis store arose. Helene was excited at the opportunity to be involved in an evolving industry, as both, a woman and business owner and hit the ground running.

There is no precedent: no pre-established history of what works and what doesn't in the world of legal retail cannabis. As a retail operator, it seems that Helene is facing a new challenge literally every day - and the only path through is the one that she carves for her business. Facing everything head on is the way forward in this industry - especially now, amidst periods of immense uncertainty. It is an incredible challenge; but to help to establish the framework for legal cannabis across the province is also an incredibly rewarding (and humbling) experience according to Helene.

Canvas Cannabis opened its doors in Danforth in December of 2019 and Helene became the owner of Toronto's first female-led pot shop, a rarity in the male-dominated cannabis industry. The Mount Dennis location opened in May 2020 and a new location in Liberty Village opened in February 2021. In a highly regulated industry, what sets stores apart is the work that the owners put into the shopping experience. Helene wanted to capture a casual elegance and refined simplicity that embraces anyone of all legal ages, bringing a personal touch to the cannabis retail experience. Customers



can relax, take their time and acquaint themselves with products and services with the help of budtenders. They are knowledgeable and able to provide personal advice and assistance to each customer, even greeting regulars by name!

#### CANADIAN HOME TRENDS

Name one thing on your bucket list.

**HELENE VASSOS** I'd love to make time and pursue my interest in sketching and painting. Watercolors in particular. I would like to create a piece of art for each of my children. Painting was a passion of mine since I was young, but somehow I never took time from my busy work life to develop it further. I think it's time.

**CHT** What is your favorite room in your house?

**HV** The kitchen! I Love to cook, entertain and experiment with new recipes and herbs. Share a meal, share stories, exchange ideas, have a good laugh, or have a good cry - and not necessarily because I am peeling onions. - Canvas Cannabis, www.canvascannabis.ca





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## Martha

Martha Voth is the matriarch behind the family-run-eventcentre, Ashgrove Acres! Located just 20 minutes from the city of Winnipeg, Ashgrove Acres offers a rustic elegance with white ceiling draperies and beautiful chandeliers. Voted "One of Canada's Loveliest Venues" by Wedding Bells Magazine in 2018, the staff/family at Ashgrove Acres strives to help couples accomplish the vision they have for their special day. Living on the property, Martha is able to offer many extra conveniences to her couples to ensure their event goes smoothly including opening her home to the wedding party for an area to "chill" during the day, with access to a full kitchen, dining room and living room with a pool table.

**CANADIAN HOME TRENDS** If you could give a potential client just one piece of advice, what would it be?

**MARTHA VOTH** After every site visit that we conduct, we tell couples, "Have fun with your planning and don't let the little snags destroy your happiness for your special day."

**CHT** Name one thing on your bucket list.

MV I would love to travel to Tuscany.

**CHT** What is your favorite room in your house?

**MV** The living room because it's where family connections happen and amazing memories are made." - Ashgrove Acres, www.ashgroveacres.com



Elsinore Blas found herself in a predicament in

found herself in a predicament in 2006. As a newly single mom, Elsinore needed to be able to furnish her home on a budget. The search for an affordable white vanity desk led to the discovery of a furniture paint made in the UK. Elsinore

ordered some paint and after painting her first piece, she was hooked. Before long, all the furniture in her home had been painted and she started to sell finished pieces on Craigslist, Kijiji and other online platforms. In 2012, Splash of Charm was registered and Elsinore began pursuing her passion full time. With 15+ years of experience behind her, Elsinore focuses on building long-lasting relationships with her clients. Splash of Charm offers French Inspired Finishes on custom jobs, creating a timeless look using glazes, distressing techniques and a variety of products. For those who are more hands-on, Splash of Charm also offers painting workshops through Paint Academy, including her exciting new Digital Kitchen Cabinet Painting Workshop where she walks participants through the process, offering tips and advice, keeping them motivated and helping them get the results they want... a beautiful, newly painted kitchen cabinet transformation! Splash of Charm is also a member of the Lionsgate Design Collection - an Award Winning **Design Firm!** 

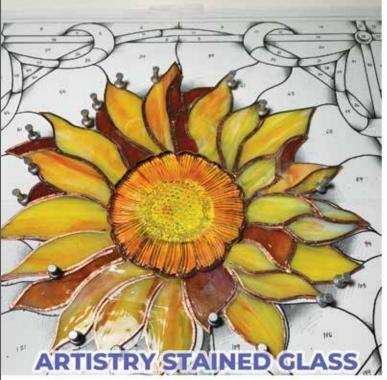
#### CANADIAN HOME TRENDS What inspires you?

**ELSINORE BLAS** I find inspiration in my ability to help clients transform their spaces and be part of my clients' significant milestones in life: new home, new baby, downsizing, etc. There's always excitement around these life changes and I get to be part of that.

**CHT** If you could give a potential client just one piece of advice, what would it be?

**EB** Contact me if you're thinking of painting or transforming your space - even in the slightest. I'll answer whatever questions you have. It's free and I will get you going in the right direction. - Splash of Charm, www.splashofcharm.ca





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Laurel Schellenberg.



# John & Rosanne

John and Rosanne Jonas pioneered the Mennonite Furniture brand, opening the first store of its kind to offer custom Mennonite furniture back in 1980. Mennonite Furniture & Gifts offers quality,



unfinished Mennonite-built furniture pieces but they also offer custom design services, an inhouse interior decorator and a finishing room where your piece can be stained to the color of your choice or to match existing pieces you already own. Online sales and ordering options are also available.

The Jonas family motto is live every day to the fullest, love all, laugh always, and volunteer to help the less fortunate. This is something followed in both their personal and business lives. Over their 43 years together, they have worked on many community projects and fundraisers including one that raised over \$70,000 to help a young family purchase a wheelchair van to be able to transport their daughter! John and Rosanne are currently using their store to assist those in the community whose incomes were affected by Covid by providing a drop-off point. People can donate warm coats, hats, scarves and mittens to be given to people in need.

**CANADIAN HOME TRENDS** What advice would you give your younger selves?

**JOHN AND ROSANNE JONAS** Spend time with your family as they grow up so fast. We did spend a lot of time with our family, as Sundays were always our Family Day and we would always take holidays with our children every year. You can never have enough time with them. We are now spending time with our grandchildren, when we can.

**CHT** What is your favorite room in your home?

**J&RJ** Our favorite room in our house is the family room because it is where we do all our relaxing and entertaining. - Mennonite Furniture www.mennonitefurniture.on.ca Thirty years ago, Laurel Schellenberg received the gift of an introductory course on stained glass from her husband and fell in love with the process! After 33 years in a leadership role for a very large client service organization, Laurel was forced into early retirement by a severe illness. During her months of recovery, Laurel turned her attention to stained glass and spent countless hours, days, and months learning everything she could about the craft. As her skills improved, she was encouraged to market her work and Artistry Stained Glass was born.



Laure

Lauren has found her own niche in the marketplace, creating unique contemporary artwork utilizing antique and vintage glassware, coupled with rare art glass, some of which is no longer in production. There is a large movement in society, which is increasingly so with younger generations embracing recycling and repurposing. They are seeking to enhance our work or living environments with items that will withstand future generations. Artistry Stained Glass strives to use vintage and rare glassware that might otherwise be lost as time goes by. A client can even provide their own heritage glassware to be incorporated into a piece, creating and maintaining a memory or a piece to pass on to future generations.

#### **CANADIAN HOME TRENDS** What inspires you?

**LAUREL SCHELLENBERG** The ability that we have to create, enjoy and share art forms. At this time, the world is troubled and art can be a medium of expression and discovery and allow the viewer to see things from a different perspective. We respond to color, texture and images which can refresh and renew the mind and spirit.

**CHT** What is your favorite room in your home?

**LS** My Studio! It has been setup beautifully by my husband. All the tools and work surfaces allow for creativity and calm.

**CHT** What advice would you give to your younger self?

LS Allow yourself to give more time and energy to creative endeavors! True balance in life comes when both body and mind seek and find structure, as well as opening ourselves to create without fear. Do not fear failure, as our greatest learnings come when things don't always turn out as we had hoped. Keep creating, and learning! - Laurel Schellenberg, www.stainedglassbc.com





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# THREE CHEESE pierogi frittata



#### INGREDIENTS

1	package Perfect Pierogies
	Spinach and Feta pierogies
6	large eggs
1/2 cup	milk
1 tsp	oregano
1 tsp	black pepper
1/2 tsp	chili powder
1/2 tsp	salt
1/2 cup	old cheddar, grated
1/2 cup	green onions, chopped
3/4 cup	cooked mushrooms
1/2 cup	parmesan, grated
1/2 tsp	paprika
1/4	fresh dill, chopped

#### DIRECTIONS

Preheat oven to 400° F.

Cook pierogies according to package instructions. Drain well, set aside.

In a large bowl, combine eggs, milk, oregano, black pepper, chili powder, salt and cheddar. Mix well, then add in green onions and mushrooms.

Spray a 9-inch springform pan with nonstick spray. Add three tablespoons of egg mixture to bottom of pan. Arrange cooked pierogies inside pan. Top with remaining egg mixture.

Sprinkle with parmesan and paprika.

Bake for 22 to 24 minutes or until centre is set.

Remove from oven and let rest 10 minutes before removing springform pan. Top with chopped dill. Serve with crusty bread for breakfast or with a green salad for lunch or a light supper.

Note This recipe can easily be made in an 8 x 8 baking pan or large pie dish.

Recipe by Perfect Pierogies www.perfectpierogies.com



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What is spatchcock chicken? To spatchcock a chicken, or butterfly it, means removing the backbone, opening it up and flattening it. This reduces the cooking time significantly and allows the whole bird to be cooked in different ways, such as grilling, smoking, or pan frying. It's also great for lunch or dinner, any day of the week. In this recipe, the vegetables are cooked along with the bird, in the same pan. This makes not only for easy preparation, but easy cleanup as well.

#### **CHICKEN INGREDIENTS**

4 -5 lb	whole chicken **
1 tsp	sea salt
1 tsp	black pepper

#### **COMPOUND BUTTER INGREDIENTS**

1/4 cup	butter, softened to room temp
1 Tbsp.	olive oil plus more to drizzle
2-3 Tbsp.	finely chopped poultry mix
	herbs* (thyme, rosemary,
	parsley, sage)
1 tsp	minced garlic
1/2	lemon, zest
1 tsp	chili powder (optional)
Pinch	salt
Pinch	black pepper

#### **VEGETABLES INGREDIENTS**

1 lb	baby potatoes, scrubbed and cut in half
8 oz	brussels sprouts trimmed and halved
2-3	carrots peeled, cut (same size as the potatoes)
2-3	parsnips peeled and cut (same size as the potatoes)
2 tsp	cumin olive oil salt and pepper to taste



#### SHEET PAN SPATCHCOCK CHICKEN AND VEGETABLES

#### **COMPOUND BUTTER DIRECTIONS**

In a small mixing bowl, combine the flavored butter ingredients. Mash with fork for a couple of minutes until lemon juice is mostly incorporated into butter.

#### **CHICKEN DIRECTIONS**

CHEF ROB

Place chicken breast-side down with the wings/ neck facing towards you. To remove the spine, use kitchen shears or a chefs knife to cut through the ribs right next to the spine along both sides. Open the rib cage and use a knife to score down the sternum. Season with salt and pepper.

Flip the chicken breast side up and set on parchment-lined, rimmed baking sheet. Push firmly to lay completely flat. Use your thumbs to separate the skin from the meat over breast, thigh and drumstick areas. Spread 2/3 of compound butter under the chicken skin and spread remaining butter all over the chicken.

www.chefrob.ca

#### **VEGETABLES DIRECTIONS**

Place prepared vegetables in a large bowl, toss with olive oil, season with salt, pepper and cumin. Bake uncovered at 400°F for 45 minutes or until instant read thermometer reads 160°F when inserted into thickest part of chicken breast. Remove from oven and rest uncovered for 10 minutes on a cutting board before serving.



\*Most grocery stores have mixed packages of herbs called Poultry mix/ blend

\*\*Let the chicken sit at room temp for
30 minutes for even baking and preheat oven to 400° F.



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# TIPS+*tricks* TRAVEL IN THE YEAR 2021



Home improvement projects are both exciting and rewarding. Imagine getting the kitchen of your dreams, or upgrading the outside deck, or maybe finally finishing the basement the way you've always wanted. So many possibilities. The best part is that it can be a great investment that increases the value of your home, which is why so many homeowners choose to use the equity in their home to pay for it. A home equity loan is designed specifically for homeowners, can be obtained completely online, and be used for any purpose, including your next home improvement project! You can use Smarter Loans to find the best home equity loan providers in Canada. - Smarter Loans, www.smarter.loans/ home-equity/

## Small Space Tips



In this small kitchen, it's the little details that make all the difference, both in function and style! Ceiling height cabinetry and a large island offer plenty of storage and work space. The island offers built-in electrical and subtle color contrast with panel details that mimic the wainscotting on the wall for a sophisticated touch. An extra large pantry/spice kitchen offers additional work and storage space as well.

- AlleyLane Home Construction & More, www.alleylane-homes-construction-more-Itd.business.site



2021 was supposed to be the year that everything got better, that we could once again see our friends, visit family, and travel the world. With the mutations of the COVID-19 virus and the slow roll-out of the vaccine. it doesn't seem to be shaping up that way. Before the latest restrictions imposed by the federal government, it was possible to get out of the country on a vacation and at a great price. Resorts in the Caribbean and Mexico were open for business with a plethora of safety initiatives enhancing their services. Some may not agree with traveling at this time but the percentage of COVID-19 cases arising from travel has been a very small percentage of the total number of cases thus far.

With the legislation stating that every inbound traveler over the age of four must have a negative PCR (polymerase chain reaction) test within 72 hours of their flight's scheduled departure, I can't see many people being able to afford the extra costs. Most testing in destination is currently around \$250 USD per person, so a family of four would have an extra \$1000 to pay out. Plus, if the country doesn't have the testing available, the traveler(s) must report to a designated federal guarantine facility and stay for fourteen days.

At this time, the best we can hope for is confirmation that the available vaccines will be effective on the mutated viruses and that a faster, more efficient roll-out of the vaccines will begin soon. If all goes as planned, most people should have received their vaccinations by the fall.

Keep your head up - the prospect of a winter vacation at the end of this year is still something we can look forward to. - B-Side Travel, www.bsidetravel.com



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# TIPS+tricks



ASK AN ACCOUNTANT WHAT IS TAX DEDUCTIBLE WHEN WORKING FROM HOME?

Working from home has increased in popularity this year though this new movement comes with new expenses for employees. Some of these expenses are reimbursed by their employer, and some are not.

After much discussion for most of the year, CRA finally released some temporary new rules aimed to support people trying to stay safe at home.

If you spent more than 50% of your time working at home for at least four consecutive weeks in 2020 due to the Covid-19 pandemic, you may be eligible to claim a deduction.

There are two calculation methods to determine your possible deduction:

The detailed calculation method requires form T2200 be completed and signed by the employer. A new shortened pandemic version is available. With this version, all



home office expenses would be prorated based on home office use.

A temporary flat rate method can be used and form T2200 will not be necessary. Using this flat rate method, you can claim \$2 per day for each day worked at home up to a maximum of \$400 (i.e. 200 days).

CRA also announced that internet access costs will be an eligible expense, but only if the detailed calculation approach is used. - Eric Robert, Rawluk & Robert Chartered Professional Accountants, www.accountants.mb.ca

#### WHAT'S THE #1 QUESTION IN REAL ESTATE?

Strolling down the street, getting groceries, hiking mountains, prospecting, working out, even while banking, it doesn't matter where I go, everyone wants to know the same thing. HOW'S THE MARKET? My default response to this question is always to ask if they are buying or selling. When people ask this question, what they are really wanting to know is how do the current market conditions affect their life if they are buying or selling.

While markets have their ups and downs, the state of the market is simply a reflection of your own needs as a buyer or as a seller. In either case, it is important to have your goals clearly defined. This will allow you to look at the market from an objective point of view and decide how to use it to your advantage and mitigate risk. It is important to have a plan and to work with a capable realtor who can help you navigate the process, stay on track and see the big picture so that you can reach your goal.

In my video, Max Net Profit (GeoffPershick.com/max-net-profit), I share the key strategy to get the max profit from the sale of your home and protecting yourself from offers that fall apart or last minute surprises that can diminish the selling price of your home. At the end of the day, it all comes down to providing peace of mind for your buyers. Watch the video today to learn how we can help you create that peace of mind for you and your buyer! - EXP Realty, www.geoffpershick.com



#### FINANCIAL PLANNING: THE THREE-LEGGED STOOL

We are living in unprecedented times. A time filled with uncertainty, heightened anxiety, and stress. Given COVID, people's priorities have changed, and they have had to adapt almost overnight to a whole new world. Despite these changes, the three biggest risks to your financial well-being in the future remain the same: you live too long, you die too soon or you face a major medical event. Most Canadians do not have a solid financial plan. In fact, 45% are relying on the value of their home to fund retirement and 49% have no idea how much money they will need to retire!

To prepare for these risks, we look at your financial plan as if it were a three-legged stool. The first leg represents retirement savings (RRSPs, pensions), the second represents financial security in the event of death (life insurance) and the third represents financial security in the event of a major health event (disability insurance, critical illness). You might have one or two of these in place, but many people do not consider all the important elements when it comes to putting a plan in place. Your financial plan is strongest, and most supportive, when it has all 3 risks planned for (much like the stool).

For those looking to build a more secure financial plan, segregated funds can help! A segregated fund is an investment that is similar to a mutual fund. The main difference is that it offers a guarantee upon death and sometimes at fund maturity. For those worried about what they will leave behind, segregated funds maximize inheritance to loved ones. Segregated funds bypass probate, thereby reducing costs associated with probate/executor fees/ legal fees, and payment of death benefit is paid to beneficiaries within days. For those worried about having enough for retirement, segregated funds produce upside growth potential with downside protection if markets drop. Segregated funds have principal guarantees which protect your money from market volatility and offer the ability to lock in market gains, once markets increase, thereby increasing guaranteed amount earmarked for loved ones. For small business owners worried about the possibility of facing bankruptcy in the future, segregated funds are an insurance product and so personal assets may be protected in the event of bankruptcy. - Mark Freedman Insurance Advisor, www.markfreedmaninsurance.com





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Non-toxic cleaners are a great choice for both the environment and your health! Non-toxic cleaners are safe for children and pets and help to keep the air in your home cleaner.

**LEMONS** are a natural anti-bacterial that can be used to remove stubborn stains, refresh wooden cutting boards, deodorize your fridge and more.

**EUCALYPTUS** is great for cleaning the air and is beneficial to those with allergies. You can grow your own eucalyptus indoors or diffuse eucalyptus essential oils.

VINEGAR makes a great natural and safe anti-septic and can be used to clean many items including floors, sinks, pots and pans, microwaves, coffee makers and more, - UR Home Service - www.urhomeservice.com



Everyday in my clinic, I see marveled faces of my patients with their excruciating pain gone within seconds after I inserted a few needles into their body. They quickly say "This is magic!?" I always reply, "there is nothing magical about those tiny needles, and I don't have a golden touch. It is the self-healing power of your own body, evoked by needles, that magically took your pain away within seconds."

Looking for a natural cure for pain or other suffering? Acupuncture can help and you can expect to feel instant pain relief within 10 seconds (in 90% of cases) no matter where the pain is. For long term results, you can expect permanent relief of aches and pains in 4 to 10 treatments. Best of all, it's not just for pain. Your anxiety, constipation, gastric reflux, allergies, arthritis, fibroid, and post-stroke sequelae could be naturally cured or alleviated within 1 to 6 months of ongoing treatment.

Just as nature created your body, it also encoded magic self-healing power into it. The question is, how can you quickly and effectively take advantage of that magic self-healing power for your particular ailment? Acupuncture needles will evoke your body's own natural pain-relief and anti-inflammation hormones (endorphin, serotonin and dopamine) to instantaneously take effect targeting your particular ailment as the natural healing in your body kicks in. - Brook Cheng R.Ac. Ph, D, www.greennatureacupuncture.com





50 years ago. I used to go scuba diving and free diving in the Caribbean. The divers would build up their body's oxygen level to enable them to stay underwater for minutes. They experienced dramatic improvement in their health after a few hours of diving and the effects lasted for 24 to 48 hours.

I have AFib and genetically high cholesterol. Seven years ago, my heart required electric paddles to return to a normal beat. After that dramatic experience I decided to try the divers' high oxygen breathing as a daily practice. To my amazement my heart problem stopped on the first day and I haven't had to return to my doctor or the hospital for 7 <sup>1</sup>/<sub>2</sub> years. My lifetime of high cholesterol also went down to normal. That was the beginning of many miracles. The power of increasing your oxygen level can produce amazing results. - Bill Allen, Oxygen Cures, www.oxygencures.com







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# Image: Window Strain Strain

Have you ever heard someone say that as soon as they entered a home they knew it was the one for them? Well there are a few highly effective things we do as professional stagers to get you top dollar when selling your condo by making a buyer feel just that. Plus, we look at your condo with the eye of the camera lens in mind. A subtle difference, yet an important distinction from what you see every day in your home. What will buyers see and from what angle? This allows us to capture the value points in your condo to create more value and a higher sale price.

**USE CONDO SIZED FURNITURE!** This means no puffy, large, over scale furniture that takes up too much space. Use a sofa in a light color along with a light colored area rug to reflect the light in the condo creating a more open looking space. Add open base coffee and end tables with reflective legs and glass tops to create the illusion of more space.

**IF YOU ARE LIVING IN YOUR CONDO** while it is for sale, organize all your closets with only the items you will need for the next 90 days. Closets should only be 70-80% full.

**USE CONSISTENT, LIGHT COLORS THROUGHOUT** the small space. In this condo we used light blue, light gray, cream and white. The buyer does not see a jolt of color stopping their eye when they are first scanning the condo. Their eye travels around the room without stopping. This creates a feeling of a larger space for them to live in. We always suggest painting a light neutral wall color as well.

**CREATE A WORK AT HOME SPACE** to showcase even more value in your condo than the other condos buyers are looking at. If you have a one bedroom + 1 condo, stage with a bed and desk in the room to show more value in your condo. If the second room is really narrow and more of a storage space you can stage it as a work from home space.

#### WORK WITH PROFESSIONAL LISTING PHOTOGRAPHERS

who can capture the attention of buyers online with their photographs, videos and 3D tours. Online listing photos are the "curb appeal" that gets buyers to put your property on their must see list. Buyers look at listing photos on their phone in the same way they look at images on Instagram: 3 seconds per picture, 5 swipes and they are gone if they don't see something that catches their attention. Buyers are making a lifestyle decision with their next purchase, so make sure your condo creates that feeling for them. Professional staging is always less than your first price reduction. - Michelle Finnamore Interiors, www.finnamoreinteriors.com



The kitchen is the heart of the home and is often the room that can make the biggest impact on a potential buyer's opinion of your home. Here are a few simple things you can do before a viewing to ensure your kitchen shows well!

#### UPDATE HARDWARE AND

**FIXTURES** If your cabinetry is in good shape, simply adding updated lighting and hardware can give your kitchen a fresh, modern feel!

**DECLUTTER** Remove everything off the countertops except for just a few essentials. This helps to make your kitchen feel larger and emphasizes available workspace.

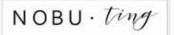
**FRESH HERBS** Add a pot or two of fresh herbs to bring a touch of life into your kitchen.

#### ADD A POP OF COLOR

The all white kitchen is still the most popular - but it's also unremarkable. Pick a single color and add a few accessories in that color. This pop of color will help your kitchen stand out and be more memorable to potential buyers.

#### CLEAN INSIDE AND OUT

Clean and declutter inside the fridge, cupboards, pantry and oven. Buyers will look! - Karolina Beccue, The Staging Shop, www. thestagingshop.ca

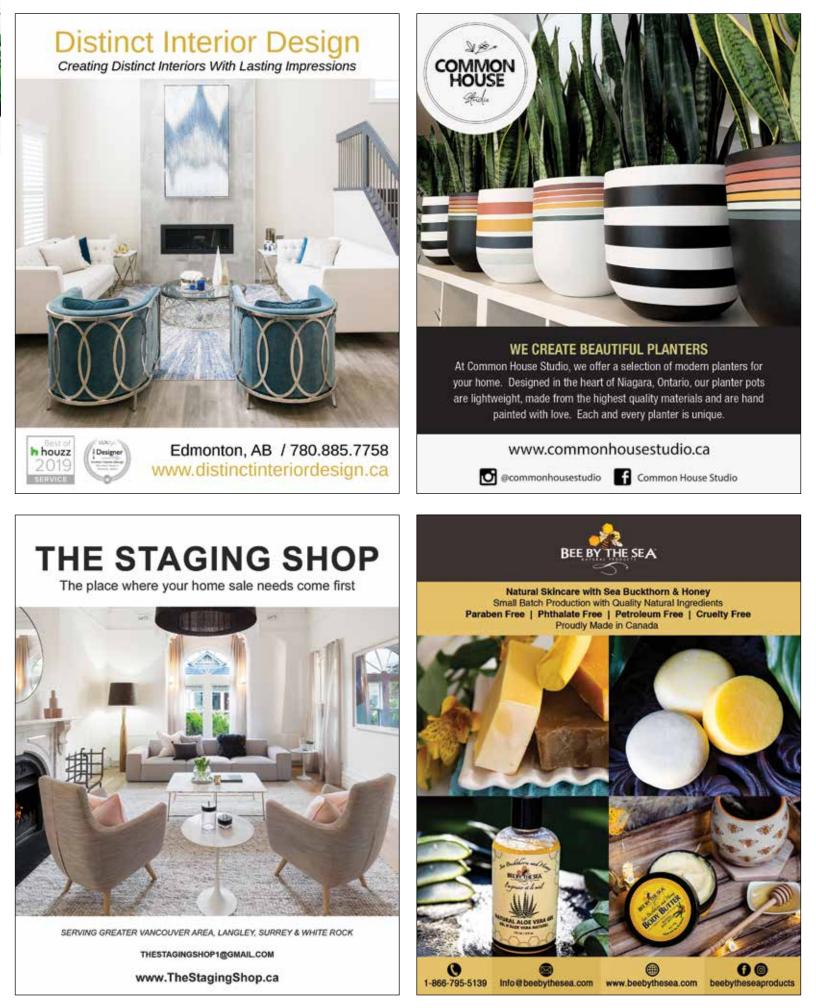


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### Glen PELOSC

Warm Color While white and off white cabinetry remain the predominant choice, warm white and soft grays are becoming a more common choice over the more clinical feeling cooler whites. Adding a bit of color by selecting various shades of blue, green or gray for the island is a great way to add character and depth to the kitchen as well!

**Disappearing Triangle** The traditional idea of the "kitchen triangle" has less merit now. Kitchen Islands are often part of the design now and they act as a drop spot

between the elements. As the kitchen takes up a larger footprint of the floor plan, those elements can spread out now. The island is also becoming larger to function as both a dining table and prep area when previously it was a breakfast bar.

**Induction is King** Induction cooking has become much more popular and items like invisacook place the cooking under the counter so there's nothing to be seen at all; you simply put the pot on the countertop to cook. New kitchens often include the traditional fridge, stove and dishwasher





This kitchen was designed to take full advantage of the beautiful view of Lake Ontario while also providing plenty of seating for entertaining. A skylight over the main island opens up the space with plenty of natural light while keeping the views completely unobstructed! - Lionsgate Design www.lionsgatedesign.ca along with a steam oven, a wine fridge and a built-in microwave drawer to free up counter space.

**Connected Kitchens** Smart kitchens are growing in popularity with many features including the fridge, oven, cook tops, lighting, heating and more controlled by an app which can help to turn things off or on, warn you if things need to be stirred, alert you if doors are open or even suggest meal plans based on what you have on hand in the fridge.

The Hidden Kitchen The general trend being seen in kitchens from the international markets, is not to see them! They are hidden behind doors to make the entire kitchen look like pantries. This may be driven by smaller spaces or the open concept multifunctional spaces, but being able to hide the kitchen completely is something we see more and more. Instead we walk into "the dining room" and we discover the kitchen.

Seamless Flooring Hardwood floors in the kitchen are much more popular than ever before. The construction of the floor is more suited to kitchens and the worry for water damage is no longer a problem because the varnishes and baked in lacquers just don't allow the water into the wood grain. The continuation of flooring based on the open concept floor plans makes the house feel better.



10



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